



**Northern
Ireland
Hospice**

**A special way
of caring**



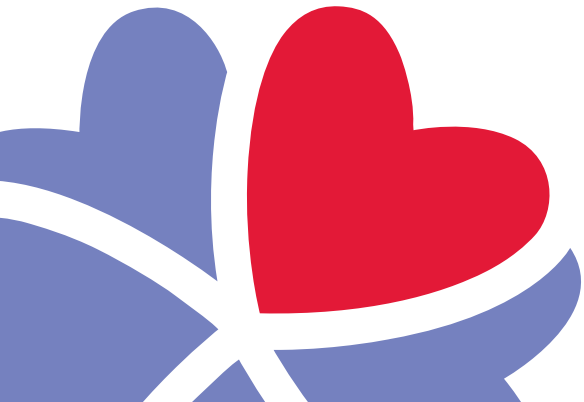
Because caring is at the heart of everything we do

For us it's not just a 9 to 5

We are a local charity providing specialist hospice care for people with a terminal illness and their families in your community. Thanks to the generosity of the public we are able to care for people with a terminal illness in their own home and in hospice every single day of the year.

Hospice care is free to patients and their friends and family, but is not free to provide. The majority of funding to support Northern Ireland Hospice comes from local people.

We believe that every person matters. Everyone deserves to die with dignity and pain free and we understand that families need emotional and practical support to care for their loved one during these difficult times. We care for over 3,000 people and their families every year.



'Northern Ireland Hospice is here today because local communities need us and support us. We need you to continue supporting us with your donations so that we can continue to provide specialist care to terminally ill people and their families.'

Hospice Nurse Specialist: Claire

We offer support to all the family

'When my husband Paul was ill, I didn't know how to ask for help. People would say, 'Oh he's so brave' and I'd just scream inside and think, what about me? I thought Hospice was just there for the patient but they helped both of us. Once the Hospice nurse began regular visits to our home, I didn't feel so alone. The nurses sat with Paul most nights so that I could get a good night's sleep and take over during the day. It meant I was able to focus on Paul instead of worrying about who was going to sit with him that night. Hospice made such a difference to both our lives and for that I am forever grateful.'

Wife: Sharon

Every pound will make a difference

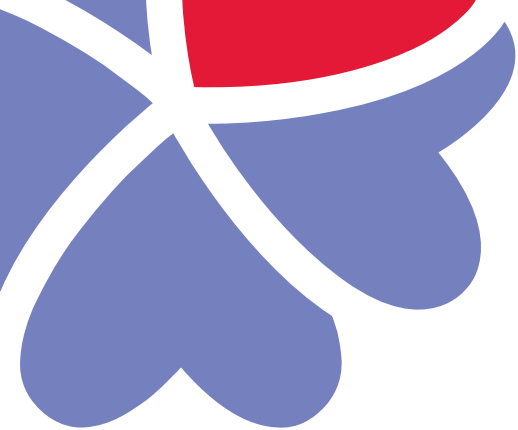
£30 could pay for one hour of specialist nursing care.

£100 could pay for a hospice nurse to stay overnight in a patients home, providing much needed respite for the family.

£200 could pay for a hospice nurse to spend the day with a terminally ill patient, providing specialist care and therapies to aid relaxation and control pain.

Monthly donations enable us to plan for the future and a regular gift of whatever you can afford would be welcomed.





Did you know?

- 1 in 3 people in Northern Ireland has a friend or family member who has benefited from hospice care.
- Northern Ireland Hospice care for one fifth of people who die in Northern Ireland every year.
- 15,000 people die in Northern Ireland each year. Northern Ireland Hospice cares for 3,000 of these people.

'The hospice staff were amazing. I wanted to give something back, so each year I organise a charity cycle to raise funds. I know that the money raised is going directly into caring for other people like my mum.'

Daughter: Sarah

Each year it costs over £6 million to run Northern Ireland Hospice services. We rely heavily on the public to raise £3 million of this amount through donations, legacies and fundraising events.

Get Involved. It's easy...

Online

Visit www.nihospice.org to make a donation or to find out about our events and other ways to support us.

Phone

Get in touch. If you have any questions about fundraising give us a call on 028 9078 1836.

Text

Text **Hospice£5 to 70707** to make an immediate £5 donation to Northern Ireland Hospice*.

Follow us



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* Text cost £5.00 plus network charge. Northern Ireland Hospice receives 100% of your donation. Obtain bill payers permission. Customer care 084 4847 9800. Charity No XN45696.

A gift in your Will can make a real difference however large or small. One in six of our patients are cared for as a result of gifts in Wills. If the time is right for you to remember Northern Ireland Hospice in your Will, it will mean so much to someone in your community.